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|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>DATE</b>                       | August 2025                                                                                                                                                                                                                                                           |
| <b>NAME/CREDENTIALS</b>           | Amy Bala Ed.D., PT, DPT, WCC, CWS, FACCWS                                                                                                                                                                                                                             |
| <b>TELEPHONE</b>                  | 708-235-7608                                                                                                                                                                                                                                                          |
| <b>OFFICE</b>                     | Gov State Campus, Building G, G183                                                                                                                                                                                                                                    |
| <b>E-MAIL</b>                     | <a href="mailto:abala@govst.edu">abala@govst.edu</a>                                                                                                                                                                                                                  |
| <b>LINKED IN</b>                  | <a href="https://www.linkedin.com/in/amy-bala-2345a523a">linkedin.com/in/amy-bala-2345a523a</a>                                                                                                                                                                       |
| <b>EDUCATION</b>                  |                                                                                                                                                                                                                                                                       |
| 2020-2024                         | Governors State University, <i>University Park, Illinois</i> .<br>Doctor of Education (Ed.D.) in Interdisciplinary Leadership (INLD) with a concentration in Higher Education Administration.                                                                         |
| 2015-2017                         | Governors State University, <i>University Park, Illinois</i><br>Transitional Doctor of Physical Therapy; Major: Physical Therapy,                                                                                                                                     |
| 2000-2002                         | Midwestern University, <i>Downers Grove, Illinois</i><br>Master of Physical Therapy, Major: Physical Therapy                                                                                                                                                          |
| 1994-1999                         | University of Illinois at Urbana-Champaign, <i>Urbana, Illinois</i><br>Bachelor of Science, Kinesiology; Major: Kinesiology                                                                                                                                           |
| <b>EMPLOYMENT</b>                 |                                                                                                                                                                                                                                                                       |
| 8/2024 - present                  | <b>Assistant Professor.</b> Governors State University, College of Health and Human Services, Department of Physical Therapy, Doctor of Physical Therapy Program, <i>University Park, Illinois</i>                                                                    |
| 8/2014 - 8/2024                   | <b>University Lecturer and Director of Clinical Education Senior Status</b> granted July 2019. Governors State University, College of Health and Human Services, Department of Physical Therapy, Doctor of Physical Therapy Program, <i>University Park, Illinois</i> |
| 8/2024 – present                  | <b>Registry Physical Therapist, wound clinic,</b> University of Chicago Medicine at Ingalls. <i>Harvey, Illinois</i> .                                                                                                                                                |
| 8/2018-5/2020                     | <b>Registry Physical Therapist.</b> Inpatient acute setting & Outpatient wound clinic. Advocate Christ Medical Center, <i>Oak Lawn, Illinois</i>                                                                                                                      |
| 8/2014 – 2/2016,<br>9/2019-8/2020 | <b>Registry Physical Therapist.</b> Inpatient setting. METT Rehabilitation Services, Inc., Franciscan St. James Health, <i>Olympia Fields, Illinois</i>                                                                                                               |
| 12/2013 – 12/2015                 | <b>Registry physical therapist.</b> Outpatient wound care setting and inpatient setting. Little Company of St. Mary, <i>Oak Lawn, Illinois</i>                                                                                                                        |
| 5/2003 – 8/2014                   | <b>Full-time staff physical therapist.</b> Inpatient setting, and outpatient wound care setting.<br><b>Site Coordinator of Clinical Experiences (SCCE)</b> from 2004 to 2011 for physical therapy, speech therapy and occupational                                    |

therapy students. METT Rehabilitation Services, Inc., Franciscan St. James Health *Olympia Fields, Illinois (2003-2004) and Chicago Heights, Illinois (2004-2014)*.  
 1/2009 - 5/2013 **Adjunctive Staff Lecturer.** Governors State University, Physical Therapist Program, *University Park, Illinois*. Instructed physical therapy students on integumentary (wound care) evaluation, assessment, and interventions and created lecture and laboratory materials. Sole instructor 2009-2010, & 2013. Collaborated with co-instructors in 2009 (Joyce Sligar), 2011-2012 (Dr. Robin Washington).

## PUBLICATIONS

- 2024 Mindfulness Practices in Physical Therapy Leaders: A Conceptual Framework. Dissertation. **Bala, A.**, Pedigo, T, Cooney M., Jones M. OPUS.
- 2022 Sheryl Fairchild S., O'Shea RK. *Pierson and Fairchild's Principles & Techniques of Patient Care, 7th Edition*. Elsevier. 2022. **Bala A**, Chapter 11: Basic Wound care and Specialized Interventions. Working on 8<sup>th</sup> edition chapter revisions 2025-2026

## RESEARCH AT GOVERNORS STATE UNIVERSITY

Mindfulness Practices in Physical Therapy Leaders: A Conceptual Framework. Dissertation. **Bala, A.**, Pedigo, T, Cooney, M., Jones, M. Quantitative Survey Research Conducted. January 2024 - August 2024.

Perspectives of Academic Clinical Education Faculty and Site Coordinators of Clinical Education on the Communication and Management of Unused Clinical Education Slots: An Exploratory Study. Marisa Birkmeier, PT, DPT, PCS, DHSc, The George Washington University; **Amy Bala**, PT, DPT, WCC, CWS, FACCWS, Governors State University; Benjamin Barnes, PT, MPT, OCS, FAAOMPT, Concentra; Megan Bureau, PT, DPT, SCS, Shenandoah University; Daniel Curtis, PT, DPT, Arkansas Colleges of Health Education; Jamie Greco, PT, DPT, EdD, Duke University; Kathleen Savage, PT, DPT, Emory & Henry College. **Bala, A.** *was a current member of a Task Force for the Clinical education section of the American Physical Therapy Association (APTA) charged with the primary task exploring how clinical sites and academic institutions are using unused placement slots for fieldwork experiences for student physical therapists. To explore the topic, the task force has distributed a survey to the stakeholders (site coordinators of clinical education and academic stakeholders (Directors of Clinical Education) involved with fieldwork placements for physical therapy students.*

**Bala, A.**, O'Shea, R., and Carter, R: Analysis of wound care assessment tools used by PTs to document wound healing progress. April 2018 – 2022. **Description:** *Capstone Research Project completed to attain transitional Doctor of Physical Therapy degree concluded in May 2017. Survey of wound assessment tools used by physical therapists to document*

healing progress for patients with open wounds: A research study. O'Shea, R. Carter, R. and Bala, A.

## GRANTS

Spring 2026: Recipient of Intellectual Life Grant for Interprofessional Education (IPE) Fostering Collaborative Care Approach Through a Mock Diabetic Clinic together with Dr. Angela M. Riccelli, Ed.D., MHS, CCC-SLP/L, (communications disorders department), Dr. Giselle Hernandez Navarro, Ed. D., MSW, LCSW, (social work department) and Dr. Somi Nagaraj, DNP, MSN, RN, CSSGB, CONTL (nursing department) **Description:** *Diabetes is increasingly prevalent in the United States, with an estimated 37.3 million cases reported in the Centers for Disease Control's (CDC) 2022 National Diabetes Statistics Report. Diabetes care involves the medical management of diabetes mellitus, often through a team of multidisciplinary professionals. Key strategies in diabetes care include interprofessional education (IPE) and interprofessional collaboration (IPC). IPE trains health students from various fields to work together. The coordinated teamwork in patient care enhances knowledge, communication skills, and improved health outcomes, reducing emergency room admissions. Interprofessional education (IPE) experiences offer undergraduate and graduate students meaningful opportunities to practice collaboration and teamwork across various health and human service disciplines. This proposal describes a culminating IPE event in the form of a mock diabetic clinic designed for multidisciplinary students in Speech-Language Pathology (SLP), Physical Therapy (PT), Social Work (SW), and Nursing programs at the university. The simulated clinic will allow students to apply knowledge and skills from their respective fields while learning how to integrate perspectives from other professions in the context of diabetes management. Working in small, interprofessional teams, students will engage with case scenarios that reflect the medical, functional, psychosocial, and communication needs of individuals living with diabetes. The focus of the event is to strengthen students' ability to recognize professional roles, communicate effectively, and create comprehensive, patient-centered care plans. The aim of this IPE project is to evaluate the impact of increased appreciation of team-based care, greater confidence in interprofessional communication, and stronger connections between classroom learning and real-world clinical practice. By creating hands-on practice on mock patients and a student-centered experience, this project aims to prepare future professionals to communicate effectively and improve outcomes for individuals with chronic health conditions. This project will utilize tools such as EHRGO for mock patient charting and rubrics established by the IPE committee at Governors State University.*

Spring 2024: Recipient of Intellectual Life Grant with Dr. Timothy Pedigo, Ph.D for workshop on mindfulness, self-compassion, and leadership for GSU leaders, faculty, staff, and students., Workshop at Governors State University, University Park, IL, April 26, 2024, 9 am – 12 pm. **Description:** *This one-day workshop targets leaders in academic environments and those interested in becoming future leaders to understand the connection between mindfulness practices and leadership that can lead to greater effectiveness and enjoyment and sense of community.*

*Mindfulness leadership involves developing self-awareness, self-transformation and the process of being more present, connecting more with those you lead, and inspiring others. In this way, the workshop will enhance the intellectual life of students, administration and faculty by strengthening and developing leadership and mindfulness skills.*

Fall 2022: Submitted for funding from National Pressure Injury Advisory Panel Application for \$5000.00 via GSU in summer 2022 (June 2022); Application Declined October 2022. **Title of Proposal:** *Support Surfaces to Prevent Pressure Injury formation in Medically Complex Patients; **Principal investigator** - Amy Bala, project statistician - Dr Scott Getsoian; project liaison to facilities for subject recruitment - Dr Maryleen Jones; Mentor & consultant – Dr. Roberta O’Shea. **Abstract: Background and Purpose:** A variety of shower commode chairs are available and no standard objectively justifies the increased cost for customizability. This poses a problem for individuals with impaired mobility and sensation when showering and toileting as it can take up to 1 to 4 hours which increases the potential for pressure injuries (PI). The cost of PI prevention and treatment in the US is significant. A previous study with typical individuals indicated a statistically significant difference in maximum and peak sitting pressures when comparing the Visco elastic foam (VEF) cushion to a standard cushion on the Mobile Shower Commode Chair (MSCC). The VEF interface on the MSCC may be effective in the prevention of PI’s by significantly decreasing maximum and peak pressure on weight-bearing anatomical structures. **Methods:** Eighty participants will be recruited from local rehabilitation facilities. Eligible participants will be 18 years or older, able to tolerate hour sitting, able to independently transfer or tolerate mechanical lift chairs, and have no active PI’s. Subjects will sit on the MSCC chair with a standard interface then on a VEF interface. Following baseline maximum and peak pressure measurements in sitting, pressure measurements will also take in 8 different positions, with two different interfaces, resulting in 16 total data points **Significance:** In typical adult subjects, regardless of positioning, the VEF interface decreased both maximum and peak pressure. Varying of weight supporting structures like the footplate and armrest caused excessive increase in maximum and peak pressure around the ischial tuberosities. It can be inferred that VEF interface in combination with tilt-in-space mechanics decrease maximum and peak pressure in typical populations. The proposed study will use the same protocols and statistical analysis as a previous study to determine if similar trends seen in typical subjects are also evident in populations with mobility impairments.*

## **SCIENTIFIC AND PROFESSIONAL PRESENTATIONS**

**Bala, A.** Gov State Research Days 2024 in collaboration with our DPT Students.

**Bala, A.,** Pedigo, T, Cooney M., Jones M. American Congress of Rehabilitation Medicine (ACRM) Conference. Poster Presentation. *Mindfulness Practices in Academic Physical Therapy Leaders: A Conceptual Framework.* Oct. 31- Nov. 3, 2024. Dallas, TX.

**Bala, A.**, Pedigo, T, Cooney M., Jones M. Association of Schools Advancing Health Professions (ASAHP) Conference. Poster Presentation. *Integrating Mindfulness and Compassion practices into leadership*. Oct .7-11 2024, Atlanta, Georgia.

Stotts N, **Bala A**, Connely M, & Okron M. *Integrating Orthotics and Prosthetics into a PT Education. Platform Presentation*. Association of Schools Advancing Health Professionals Conference, Oct. 18, 2023, Fort Lauderdale, FL.

Jones, M, Corbus J, **Bala A**, Buckner L & DPT Students: Joshua Schein, PT, DPT, Clare Kramer, PT, DPT. *Cases in the Rearview Mirror are Closer Than They Appear: Strategic Use of Retrospective Case Reports to Develop Readiness for Contextual Factors in the Acute Care Setting*. American Physical Therapy Association's Acute Care Bridge the Gap: Acute Care Clinical Education, May 21, 2022. Madison, Wisconsin.

Chase, K., Bissler P, Kress S, Zook-Arquines C, **Bala A**. *Negotiating Clinical Education in Today's Healthcare Systems: Making the most of your time*. Webinar Presentation. Illinois Physical Therapy Association, Extra Credits Session, August 26, 2020; Zoom platform 6:45 pm – 9:00 pm.

**Bala, A.**, O'Shea, R., and Carter, R: *What are the Functional Outcome Measures Used by Physical Therapists to Monitor Wound Healing? A Survey*. Poster Presentation at American Congress of Rehabilitation Medicine 96<sup>th</sup> Annual Conference in Chicago, IL, November 5-8, 2019.

**Bala, A.**, O'Shea, R., and Carter, R: *Analysis of wound care assessment tools used by PTs to document wound healing progress*. Poster Presentation at Wild on Wounds Annual Conference in Las Vegas, NV, September 11-14, 2019.

Arquines C, Brown D, Kress S, Chase K, **Bala A**: *Promoting Excellence in Physical Therapy Education*. Presentation (3 hours) at: Revitalize 2018 – Annual Meeting of the Illinois Physical Therapy Association. St. Charles, IL; April 13, 2018.

**Bala A**: *Capturing Student Progress on the APTA Physical Therapist Clinical Performance Instrument (CPI) for Students*. Presentation (1 hour) at: Governors State University, CHHS, Doctor of Physical Therapy program. University Park, IL; September 20, 2017.

Estes S, Schuit D, **Bala A**: *Treatment for shoulder pain using Mechanical Diagnosis and Therapy (MDT) based exercise for the cervical spine: A case report*. Poster presentation at: Revitalize 2017 - Annual Meeting of the Illinois Physical Therapy Association. St. Charles, IL; April 21, 2017.

Nielsen K, Schuit D, **Bala A**, O'Shea R: *A McKenzie-based approach to physical therapy for a patient with right hip and low back pain with piriformis syndrome – a case report*. Poster presentation at: Revitalize 2016 - Annual Meeting of the Illinois Physical Therapy Association. St. Charles, IL; March 18, 2016.

**Bala A:** *Wound Care for the Non-Wound Care Therapist*. Presentation (3 hours) at: Revitalize 2015 - Annual Meeting of the Illinois Physical Therapy Association. St. Charles, IL; April 24, 2015.

**Bala A:** Sligar J, Wojcik R: *Revitalize your Practice: Support Physical Therapist's Student Learning*. Presentation (3 hours) at: Revitalize 2015 - Annual Meeting of the Illinois Physical Therapy Association. St. Charles, IL; April 24, 2015.

**Bala A:** *Wound Care for the Non-Wound Care Therapist*. Presentation (1 hour) at: East Central Regional Meeting for Illinois Physical Therapy Association. University Park, IL; October 7, 2014.

## **PROPOSALS AND ABSTRACTS SUBMITTED TO PROFESSIONAL VENUES**

**Bala, A, Pedigo, T.** *Integrating Mindfulness and Compassion Practices into Leadership*. Mary 2024 submission. Association of Schools Advancing Health Professionals Conference Fall 2024. Atlanta, Georgia.

**Bala, A,** Corbus J, Jones, M. *From observation to immersion: crossing the bridge towards competence in acute care clinical practice: Use of Simulation Based learning across the physical therapy curriculum*. Program Proposal. Bridge the Gap. March 2020. Accepted for 2020 presentation. Conference cancelled due to COVID-19.

**Bala, A,** Bissler P, Chase K, Kress S, Zook-Arquines C. *Negotiating clinical education in today's healthcare systems: Making the most of your time*. Program Proposal. Revitalize Conference 2020: Illinois Physical Therapy Association and Wisconsin Physical Therapy Association. July 2019. Accepted for 2020 presentation. Conference cancelled due to COVID-19.

**Bala, A., O'Shea, R., and Carter, R:** *Analysis of Wound Care Assessment Tools Used By Physical Therapists to Document Wound Healing Progress*. Poster Presentation proposal. American Physical Therapy Association Combined Sections Meeting, Denver CO. February 2020. Declined.

**Bala, A, Diers, D, O'Shea R, Jones M.** *Mapping Proficiency: Concepts for Student Acquisition of Competency*. Platform Presentation Proposal. Educational Leadership conference, Bellevue, Washington, October 18-20, 2019. Declined.

**Bala A:** *Utilizing a perpetual internet-based learning platform to enhance student preparation for clinical experiences*. Submitted to: American Physical Therapy Association, Educational Leadership Conference, 2017. Declined.

**Bala A,** Jones M: *Clinical Education*. Submitted to: Illinois Physical Therapy Association, Revitalize Conference and Expo, 2016. Declined.

## **CONTINUING PROFESSIONAL EDUCATION WORKSHOPS CONDUCTED/ORGANIZED**

|      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 | <p><u>Presenter:</u> Bala, A, Pedigo, T. <i>Mindful leadership workshop</i>. Governors State University, University Park, IL, April 26, 2024, 9 am – 12 pm.</p> <p><u>Presenter:</u> <b>Bala, A</b>, Naegele M., Freedman, M., Bettin, N. <i>Clinical Internship Evaluation Tool</i>. Marianjoy, Wheaton, Illinois. 2 hour session on January 9, 2023 in person event 2-hour session via Zoom on January 19, 2024 and 2-hour session via Zoom on January 19, 2024.</p> |
| 2022 | <p><u>Invited Speaker:</u> <b>Bala, A</b>: <i>Collaborative Models in Physical Therapy</i>. Zablocki Veterans Hospital, Milwaukee, Wisconsin, September 15, 2022. Zoom Platform, 2 hours.</p>                                                                                                                                                                                                                                                                          |
| 2017 | <p><u>Presenter:</u> <b>Bala A</b>: <i>Capturing Student Progress on the APTA Physical Therapist Clinical Performance Instructor (CPI) for Students</i>. University Park, Illinois, September 7, 2017.</p>                                                                                                                                                                                                                                                             |
| 2016 | <p><u>Invited Facilitator:</u> <b>Bala A</b>: Chicago Area Clinical Educators Forum: Student: <i>Exposure to Breadth and Depth of Patient Care</i>. University Park, Illinois, July 6, 2016.</p> <p><u>Presenter:</u> <b>Bala A</b>, Jones M, Sligar J: <i>Facilitating Success during Clinical Education Experiences</i>. University Park, Illinois, April 27, 2016.</p>                                                                                              |
| 2007 | <p><u>Presenter:</u> <b>Bala A</b>: METT Therapy Services, <i>Wound Care for the Non-Wound Care Clinician</i>, August 2007.</p>                                                                                                                                                                                                                                                                                                                                        |
| 2006 | <p><u>Presenter:</u> <b>Bala A</b>: St. James Hospital and Health Centers, Geriatric Symposium, <i>Physical Therapy in Wound Care</i>; October 2006.</p>                                                                                                                                                                                                                                                                                                               |

## PROFESSIONAL CREDENTIALS AND CERTIFICATIONS

|                |                                                                                                                                                                                                                                                            |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2026-present   | Working towards Certified Lymphedema and Wound Therapist through the International Lymphedema and Wound Training Institute.                                                                                                                                |
| 2014 – present | <b>Fellow of the College of Clinical Wound Specialists</b> , American College of Clinical Wound Specialists, October 2014-May 2016; December 2017-2019, 2022-present.                                                                                      |
| 2014           | <b>Advanced Certified Clinical Instructor</b> , American Physical Therapy Association, December 2014.                                                                                                                                                      |
| 2007 – present | <b>Certified Wound Specialist</b> , American Academy of Wound Management, Initial Certification earned in 2007; Successful 10-year interval recertification in April 2017. Successful annual certifications within 10-year intervals.                      |
| 2004 – present | <b>Wound Care Certified</b> , National Alliance of Wound Care, Wound Care Educational Institute, Initial Certification in 2004. Successful 5-year interval recertification in December 2014, 2019, & 2024.                                                 |
| 2006           | <b>Certified Skills Competency Certificate received in Sharp Debridement</b> , National Alliance of Wound Care, Wound Care Educational Institute, September 2006. <b>Certified Clinical Instructor</b> , American Physical Therapy Association, March 2006 |

|                |                                                                                                                                                                  |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2003 – present | <b>Licensed Physical Therapist.</b> Illinois Department of Financial & Professional Regulations. Successful 2-year interval renewals (2004, 2006, e.g.)          |
| 2001 – 2003    | American Heart Association, Basic Life Support (CPR/AED) Instructor.                                                                                             |
| 1991 – 2003    | American Red Cross, First Aid Provider.                                                                                                                          |
| 1991 – present | American Heart Association, Cardiopulmonary Resuscitation and Emergency Care Provider for Healthcare Provider Certification. Successful 2-year interval renewals |

## **MEMBERSHIP IN SCIENTIFIC/PROFESSIONAL/HONORARY SOCIETIES**

|                |                                                                                                                                                    |
|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 - present | American Physical Therapy Association, Academy of Research and Academy of Leadership and Innovation Section                                        |
| 2022 – present | American Physical Therapy Association, Academy of Cardiovascular and Pulmonary section                                                             |
| 2015 - 2024    | American Physical Therapy Association, Clinical Education Special Interest Group                                                                   |
| 2014 - present | American Physical Therapy Association, Education Section, Academic Education Special Interest Group & Academic Research Special Interest Group     |
| 2014 - 2024    | American Physical Therapy Association, Acute Care Section, Illinois Physical Therapy Association, Clinical Education Special Interest Group        |
| 2014 - present | American Physical Therapy Association, Academy of Clinical Electrophysiology and Wound Management Section, Wound Management Special Interest Group |
| 2007 - present | American Academy of Wound Management                                                                                                               |
| 2004 - present | National Alliance of Wound Care, Wound Care Educational Institute                                                                                  |
| 2014 - 2021    | American Physical Therapy Association, Aquatics Section                                                                                            |
| 2017 -present  | The American College of Clinical Wound Specialists                                                                                                 |
| 2014 - 2018    | Chicago Area Clinical Educators Forum                                                                                                              |
| 2012           | American Burn Association                                                                                                                          |

## **POSITIONS HELD IN SCIENTIFIC/PROFESSIONAL/HONORARY SOCIETIES**

|                |                                                                                                                                                                                                                                                          |
|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 –2026     | Elected Position to serve as Nominating Committee Member, American Physical Therapy Association the Academy of Clinical Electrophysiology and Wound Management, Spring 2024, Accepted election at Business Meeting Combined Sections Meeting, Feb. 2024. |
| 2023           | Illinois Physical Therapy Association, Eastern Central District Assembly Representative Alternative                                                                                                                                                      |
| 2022 –2024     | Placement Process Task Force. American Physical Therapy Association. Clinical Education Special Interest Group. National Task Force. November 2022 – present                                                                                             |
| 2021 - present | Specialization Academy of Content Experts Application Reviewer for ACEWM Candidates applying for Board Certification Wound Management Specialization Examination                                                                                         |

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|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2015 - present | Committee Member: Auditing Committee, Illinois Physical Therapy Association.                                                                                                                                     |
| 2021           | Applied for APTA Acute Care Section, Core Outcomes Measures Knowledge Translation Taskforce; November 2021, Not accepted.                                                                                        |
| 2020-2023      | Specialization Academy of Content Experts, (SACE), Item Writer for the Wound Managements Specialty Council, American Physical Therapy Association, Service dates Jan 1 2020- Dec 31 2021, and 2021-2023.         |
| 2019 - 2021    | Illinois Physical Therapy Association, Clinical education Special Interest Group (CESIG), Board of Directors, Treasurer. May 2019 – May 2021                                                                     |
| 2016 - 2018    | Committee Assistant: House of Delegates for the Academy of Clinical Electrophysiology and Wound Management, American Physical Therapy Association. December 2016 – December 2018                                 |
| 2014 - 2018    | Committee Member: Membership Committee, the Academy of Clinical Electrophysiology and Wound Management, American Physical Therapy Association. November 2014 – December 2018                                     |
| 2015 - 2016    | Task Force Member: Task Force on PTs in Wound Management, Billing, and Coding Member, The Academy of Clinical Electrophysiology and Wound Management, American Physical Therapy Association. May 2015 – May 2016 |
| 2010           | Committee Member: Examination Committee for the Wound Care Certification Examination, Item Writer, National Alliance of Wound Care, Wound Care Educational Institute.                                            |

## **HONORS AND AWARDS**

|      |                                                                                     |
|------|-------------------------------------------------------------------------------------|
| 2024 | Inducted into Alpha Eta Honor Society, Governors State University.                  |
| 2022 | Inducted into Kappa Delta Pi Educational Honor Society, Governors State University. |
| 2020 | Faculty Excellence Award Recipient, Governors State University.                     |
| 2015 | 5-year Service Recognition Award, Recipient, Governors State University.            |
| 2014 | Outstanding Clinical Supervisor Award, Recipient, Governors State University.       |

## **SERVICE TO THE UNIVERSITY ON COMMITTEES/COUNCILS/COMMISSIONS**

### **Governors State University:**

|                  |                                                               |
|------------------|---------------------------------------------------------------|
| 2024             | Marshall for Convocation                                      |
| 2024-present     | Committee on Assessment and Student Learning Outcomes (CASLO) |
| 2022 - 2024      | University Emergency Volunteer Team                           |
| 2020-2021        | Commencement Advisory Committee                               |
| 2019-2020        | Presidential Search Committee                                 |
| 2023, 2021, 2018 | University Excellence Awards Committee.                       |
| 2014-present     | Attended Gov State Meetings                                   |

## **College of Health and Human Services:**

|                |                                                                                                     |
|----------------|-----------------------------------------------------------------------------------------------------|
| 2024 - present | Interprofessional Education Learning Activities Committee                                           |
| 2021 - 2023    | Chair of CHHS Fieldwork Coordinators Committee                                                      |
| 2018, 2019     | Marshall for Commencement for the College of Health and Human Services                              |
| 2016, 2017     | Faculty Participant in Commencement for the College of Health and Human Services.                   |
| 2019           | Search Committee for the Director of Community Outreach, Program Development, and Academic Support. |
| 2018           | Search committee for the Dean.                                                                      |
| 2014-present   | Attendant/Participant at All College CHHS Meetings.                                                 |
| 2014-2021      | Doctoral hooding ceremonies Audience Participant in audience.                                       |
| 2022, 2023     | Doctoral Hooding Presenter of Hoods for DPT Program.                                                |

## **Department of Physical Therapy:**

|                |                                                                                                                                                                                       |
|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 – present | Physical Therapy Student Association (PTSA) Club Advisor.                                                                                                                             |
| 2022 - 2024    | Master of Ceremony for White coat Ceremony, May of each listed year.<br>Policies and Procedures Committee Member, Admissions Committee Member, Curriculum restructuring and planning. |
| 2016 – present | Committee Chair Policies and Procedures 2024                                                                                                                                          |
| 2015 - present | Interviewer for applicants, December of each listed year.                                                                                                                             |
| 2014 - present | Attendee/Participant at faculty meetings.                                                                                                                                             |
| 2021           | CAPTE Accreditation Site Visit.                                                                                                                                                       |
| 2020           | Invited Speaker for the Recitation of the Hippocratic Oath during the virtual Transformation Celebration, September, 2020                                                             |
| 2019 - 2020    | Accreditation preparation for all faculty.                                                                                                                                            |
| 2015 - 2019    | Presenter of White Coats during The White Coat Ceremony, May of each listed year.                                                                                                     |
| 2017 - 2018    | 20 <sup>th</sup> Anniversary Planning Committee.                                                                                                                                      |

## **OTHER RESPONSIBILITIES IN THE PHYSICAL THERAPY PROGRAM**

### **Governors State University, Doctor of Physical Therapy program:**

|             |                                                                                                                                                                                |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 - 2026 | Developed DocuSign for Capstone Project paperwork                                                                                                                              |
| 2019 - 2024 | E*Value Software clinical education program Lead for DPT program for development and implementation.                                                                           |
| 2014 - 2024 | Director of Clinical Education for the DPT program (~ 105 students per year). Co-Director Fall 2014-Summer 2017 and Fall 2023 to present. Sole Director Fall 2017-Summer 2023. |
| 2024        | Attended Top Golf Fundraiser for Dr. Dale Schuit, Naperville, IL, July 23.                                                                                                     |

## **TEACHING RESPONSIBILITIES IN THE PHYSICAL THERAPY PROGRAM**

### **Governors State University, Doctor of Physical Therapy program, Current Courses:**

|                                            |                                                                          |
|--------------------------------------------|--------------------------------------------------------------------------|
| PHYT 7760                                  | Interaction and Education for Patient Care                               |
| PHYT 8792                                  | Wellness and Human Performance                                           |
| PHYT 6710                                  | Evidence-Informed Practice II                                            |
| PHYT 7730, 7740, 8802, 8804:               | Research courses II, III, IV, V, VI                                      |
| PHYT 9783<br>Instructor                    | Applied Research, Doctoral Capstone, 2 <sup>nd</sup> reader, Primary Co- |
| PHYT 7770                                  | Leadership and Ethics in Physical Therapy                                |
| PHYT 7755, PHYT 7754, PHYT 7762, PHYT 7763 | Management of Chronic and Vascular Conditions I and II lecture and Lab   |

### **Governors State University, Doctor of Physical Therapy program, Past Courses Taught**

|                  |                                                                     |
|------------------|---------------------------------------------------------------------|
| PHYT 7762        | Integumentary Physical Therapy                                      |
| PHYT 6720        | Integrative Seminar                                                 |
| PHYT 7772        | Orthotics and Prosthetics                                           |
| PHYT 7786        | Physical Therapy Management of Medical/Surgical Conditions          |
| PHYT 7727 & 7728 | Physical and Electrical Agents lecture and laboratory               |
| PHYT 6721 & 6722 | Patient Management III, lecture and laboratory                      |
| PHYT 6702        | Patient Management I, Laboratory                                    |
| PHYT 6724        | Pharmacology for Physical Therapists, Lecture                       |
| PHYT 6500        | Physical Therapy Workshop Remedial Courses for Clinical Experiences |
| PHYT 7750        | Clinical Education Preparation I                                    |
| PHYT 8810        | Clinical Education Preparation II                                   |
| PHYT 7751        | Clinical Experience I                                               |
| PHYT 8820        | Clinical Experience II                                              |
| PHYT 7729        | Clinical Experience I                                               |
| PHYT 8801        | Clinical Experience II                                              |
| PHYT 8803        | Clinical Experience II                                              |
| PHYT 9805        | Clinical Experience III                                             |
| PHYT 9807        | Clinical Experience IV                                              |
| PHYT 8830        | Clinical Experience III                                             |
| PHYT 9810        | Clinical Experience IV                                              |

### **TEACHING SERVICES IN OTHER SCHOOLS/DEPARTMENTS**

|                   |                                                                                                                                                                                                                                                                                         |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 - 2025       | <b>Guest Lecture</b> in Wound Care for Occupational Therapists. Governors State University, Doctor of Occupational Therapy Program, Spring Semester.                                                                                                                                    |
| 11/2006 - 11/2010 | <b>Adjunctive Staff Lecturer.</b> Midwestern University, Physical Therapist Program, <i>Downers Grove, Illinois</i> . Instructed physical therapy students solely on integumentary (wound care) evaluation, assessment, and interventions and created lecture and laboratory materials. |
| 3/2007            | <b>Pro-bono Staff Lecturer.</b> Morton College, Physical Therapist Assistant Program, <i>Cicero, Illinois</i> . Instructed physical therapy                                                                                                                                             |

assistant students solely on integumentary (wound care) evaluation, assessment, and interventions and created lecture and laboratory materials.

## COMMUNITY ACTIVITIES

|                   |                                                                                                                                                                             |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024              | <b>Volunteer:</b> Chicago Marathon, PTSA Club; Gov State Welcome Week Physical Therapy Student Association booth. PTSA 5 K Race.                                            |
| 2023              | <b>Volunteer:</b> Joliet Health Fair, Fall prevention booth with DPT students                                                                                               |
| 2022 – present    | <b>Volunteer:</b> Governors State University, Emergency Response Team                                                                                                       |
| 2020 -2021        | <b>Participant:</b> Governors State University, Collaborate Ultra Tutorials, Voice Thread Tutorials, Respondus, and Lockdown browser tutorials.                             |
| 2015 – 2018       | <b>Participant:</b> Governors State University, Microsoft Excel Tutorials, Blackboard Tutorials.                                                                            |
| 2015 – 2016, 2018 | <b>Volunteer:</b> Governors State University, College of Health and Human Services, Run, Walk, Stroll. University Park, Illinois; October 2015, October 2016, October 2018. |
| 2014              | <b>Participant:</b> Governors State University, Faculty Scholarship and Teaching Center Workshops, University Park, Illinois; September 2014 - November 2014.               |
| 2017              | <b>Volunteer:</b> Saint Benedicts School, Scoliosis Screening with Governors State University DPT students, Blue Island, IL; April 2017.                                    |
| 2015              | <b>Volunteer:</b> Governors State University, Prairie Place, Move-In Day. August 2015.                                                                                      |
| 2006 – 2008       | <b>Volunteer:</b> Special Olympics for Greater Chicagoland Area. South Holland, Illinois.                                                                                   |
| 1998              | <b>Research Assistant:</b> Department of Kinesiology, University of Illinois at Urbana-Champaign. Urbana, Illinois; August 1998 - December 1998.                            |