

# ILEANA UNGUREANU, MD, PhD, LMFT

Chicago, IL

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## EDUCATION

**SYRACUSE UNIVERSITY**, Syracuse, NY  
Ph.D. in Marriage & Family Therapy, 2011

**SYRACUSE UNIVERSITY**, Syracuse, NY  
MA, Marriage and Family Therapy, 2006

**“VICTOR BABES” UNIVERSITY OF MEDICINE AND PHARMACY**, Timisoara, Romania  
M.D., 1995  
Residency: Family Medicine, 1996-2000

## PROFESSIONAL LICENSE AND CERTIFICATIONS

Licensed Marriage & Family Therapist, IL # 166.001092  
Certificate in Telehealth for mental health professionals

## PROFESSIONAL EXPERIENCE

### TEACHING EXPERIENCE

|                                                                                                                                                 |                 |
|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| <b>Governors State University</b> , University Park, IL<br><i>Associate Professor, Division of Psychology and Counseling</i>                    | 2025- present   |
| <b>Governors State University</b> , University Park, IL<br><i>Assistant Professor, Division of Psychology and Counseling</i>                    | 2018- 2025      |
| <b>Adler University</b> , Chicago, IL<br><i>Associate Professor, Couple and Family Therapy</i>                                                  | 2016 -2018      |
| <b>Adler University</b> , Chicago, IL<br><i>Assistant Professor, Couple and Family Therapy</i>                                                  | 2011 -2016      |
| <b>Areopagus Institute for Family Therapy and Systemic Practice</b> , Timisoara, Romania<br><i>Visiting Lecturer, Couple and Family Therapy</i> | 2006 to Present |
| <b>Dianoia Institute of Family Therapy</b> , Timisoara, Romania<br><i>Visiting Lecturer, Couple and Family Therapy</i>                          | 2008 to Present |

### DOCTORAL LEVEL CLASSES

- *Professional identity in Counseling Education and Supervision*, Governors State University, Fall 2019
- *Doctoral Internship*, Governors State University, Fall 2019, 2020, 2025
- *Adult attachment theories and EFT*, Adler University, Summer 2015
- *Advanced CFT Theory I*, Adler School of Professional Psychology, Fall 2014
- *Advanced CFT Theory II*, Adler University, Fall 2015, 2017
- *Advanced Therapy with Couples*, Adler University, Spring 2018
- *Trauma and the Family System*, Adler University, Spring 2015, 2017

- *CFTD Practicum Seminar*, Adler University, Fall 2017
- *Medical Terminology and Conditions for Primary Care Psychologists*, Adler University, Summer 2017, 2018

## MASTER LEVEL (ON-GROUND CLASSES)

- *Interventions with Children & Adolescents*, Governors State University, Spring 2023-2025
- *Family Systems: Theory and practice*, Governors State University, Spring 2019, Fall 2020-2025
- *Advanced Family Systems Theory*, Governors State University, Spring 2019-2026
- *Family Counseling Techniques*, Governors State University, Fall 2018, 2020, 2023, Spring & Summer 2019, 2022, Fall 2023-2025
- *Counseling Internship: Marriage and Family Counseling*, Governors State University, Spring 2019-2022; Summer 2020, 2021, Fall 2022- 2025
- *Socio-cultural foundations of counseling*, Governors State University, Fall 2018, Summer 2020
- *Group dynamics*, Governors State University, Spring 2020
- *Marriage and Family Counseling*, Adler University, Summer 2018
- *Couples' Therapy: Theory and Techniques*, Adler University, Spring 2013-2018
- *Biopsychosocial Bases of Behavior for CFTs*, Adler University, Fall 2016
- *Overview of Post-Modern Approaches in CFT*, Adler University, Summer 2014-2018
- *International Immersion and Cross-Cultural Studies*, Adler School of Professional Psychology, Summer 2012, 2014, 2016, 2017
- *Advanced Couples' Counseling*, Adler School of Professional Psychology, Summer 2011, 2012
- *Assessment and Treatment Planning with Individuals and Family Systems*, Adler School of Professional Psychology, Fall 2012-2015, Chicago
- *Individual Life Span Development and Family Life Cycle*, Adler School of Professional Psychology, Spring 2012-2014, Chicago
- *Life Cycle and Diversity Issues in Marriage and Family Therapy*, Adler School of Professional Psychology, Fall 2011, Chicago
- *Effective Marital and Family Therapy Models*, Adler School of Professional Psychology, Spring 2010, Chicago
- *Basic Skills in Psychotherapy*, Adler School of Professional Psychology, Fall 2010-2015, 2017, Chicago
- *Life Span Development*, Adler School of Professional Psychology, Fall 2010, Chicago
- *Overview of Marriage and Family Therapy Models*, Adler School of Professional Psychology, Summer 2011, Spring 2012, Summer 2012, Summer 2013, Chicago
- *MCFT Practicum Seminar*, Adler University, 2010-2014, 2017
- *A Family Model in Understanding Psychosocial Issues Related to Genetic Counseling*. Guest Lecturer, Genetic Counseling Program, Feinberg School of Medicine, Northwestern University, April 2005, Chicago
- *Structural Family Therapy*. Postgraduate course taught at the Areopagus Institute of Family Therapy and Systemic Practice, June 2009, Timisoara, Romania
- *Loss Issues in the Family System*. Postgraduate course taught at the Areopagus Institute of Family Therapy and Systemic Practice, July 2008, Timisoara, Romania
- *Emotionally Focused Therapy with Couples – an Overview*. Postgraduate course taught at the Dianoia Institute of Family Therapy, July 2014, July 2016, Timisoara, Romania

- *Medical Family Therapy*. Postgraduate seminar taught at the Areopagus Institute of Family Therapy and Systemic Practice, July 2008, Timisoara, Romania
- *Assessment in Family Therapy*. Master level course co-taught at Syracuse University, May-June 2008, Syracuse, NY

#### MASTER LEVEL (ONLINE OR HYBRID CLASSES)

- *Overview of Marriage and Family Therapy Models*, Adler School of Professional Psychology, Summer 2010, Fall 2010, Spring 2011
- *Solution-Focused Family Therapy*. Postgraduate Course, Areopagus Institute of Family Therapy and Systemic Practice, July 2010, December 2011, Timisoara, Romania
- *Lifespan developmental issues*, Governors State University, Spring 2020

#### Undergraduate level

- *Introduction to Neuropsychology*, Governors State University, Fall 2018, Spring 2022
- *Abnormal psychology*, Governors State University, Fall 2021

#### CHAired DISSERTATIONS

- Andrew Ansell. (Defended May 2022). *The Lived Experiences of Infertility Among CES Doctoral students: Their expectations, experiences, and knowledge of infertility*. Governors State University, University Park, IL.
- Shawn Wunderlich. (Defended August 2022). *Adult Female-Identified Survivors of Intrafamilial Child Sexual Abuse and Their Experience in Therapy*. Governors State University, University Park, IL.
- Michael Mahoney. (Defended October 2022). *Influences on the Self-efficacy of Individuals Recovering from Problematic Drinking: A Phenomenological Study*. Governors State University, University Park, IL.
- Glenisha Foreman. (Defended March 2024). *Transition to civilian life: Exploring that of the fewer, the braver, the female marine*. Governors State University, University Park, IL
- Jennifer Young. (Defended July 2024). *Finding Harmony: A Qualitative Study on the Lived Experiences of African Americans Who Have Participated in Emotionally Focused Therapy*. Governors State University, University Park, IL

#### CLINICAL PRACTICE EXPERIENCE

**Ephphatha Consulting Services**, Chicago, IL  
*Licensed Marriage and Family Therapist*

2018-present

|                                                                                                                                                                       |              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| <b>Private Practice, Chicago, IL</b><br>Pro bono community work<br><i>Marriage and Family Therapist</i>                                                               | 2015 to 2017 |
| <b>Chicago Center for Family Health</b><br>University of Chicago, Chicago, IL<br><i>Doctoral Fellow, Medical Family Therapy</i>                                       | 2009 to 2011 |
| <b>Goldberg Couple &amp; Family Therapy Center</b><br>Syracuse University, Syracuse, NY<br><i>Marriage and Family Therapist</i>                                       | 2005 to 2008 |
| <b>Center for Children's Cancer and Blood Disorders</b><br>SUNY Upstate Medical University, University Hospital, Syracuse, NY<br><i>Marriage and Family Therapist</i> | 2005 to 2007 |
| <b>Office of Student Services, College of Human Ecology</b><br>Syracuse University, Syracuse, NY<br><i>Academic Counselor</i>                                         | 2005 to 2009 |
| <b>Areopagus Regional Center for Social Integration and Human Development</b><br>Timisoara, Romania<br><i>Group Facilitator</i>                                       | 2000 to 2004 |
| <b>Chosen Foundation</b><br>Timisoara, Romania<br><i>Family Counselor, Group Facilitator</i>                                                                          | 2002 to 2004 |
| <b>Oncology Department, Children's Hospital "Louis Turcanu"</b><br>Timisoara, Romania<br><i>Family Counselor</i>                                                      |              |
| <b>Cabinet Medical "Dr. Radu"</b><br>Timisoara, Romania<br><i>Family Physician</i>                                                                                    | 2000 to 2004 |

## **RESEARCH**

- *Fibromyalgia Syndrome: The relationship between alexithymia and adult attachment style on couples' relationships.* Quantitative research. Syracuse University, 2011.
- *Caring for dying children: costs and rewards.* Qualitative research. Syracuse University, 2006.
- *The impact of childhood and adolescent cancer on the family.* Qualitative research. University of Medicine and Pharmacy, Timisoara, Romania, 2000.
- *Carbamazepine in the long-term treatment of mood disorders.* Quantitative research.

Graduate Dissertation, University of Medicine and Pharmacy, Timisoara, Romania, 1995.

### **COMMITTEE SERVICE -GOVERNORS STATE UNIVERSITY**

- MEMBER, DIVISION PERSONNEL COMMITTEE, FALL 2025-present
- MEMBER, College of Education and Human Development Dean search committee, SPRING, SUMMER 2026
- CHAIR, MCFC SEARCH COMMITTEE, SPRING & FALL 2019, SPRING 2020, FALL 2023, Spring 2024, Fall 2024
- MEMBER, INSTITUTIONAL WELLNESS COMMITTEE, FALL 2021 TO PRESENT
- CHAIR, INSTITUTIONAL WELLNESS COMMITTEE, FALL 2023-2025
- MEMBER, INTELLECTUAL LIFE COMMITTEE, FALL 2019 TO PRESENT
- MEMBER, COUNSELING DOCTORAL PROGRAM SEARCH COMMITTEE, SPRING 2022
- MEMBER, COUNSELING PROGRAM SEARCH COMMITTEE, FALL 2021
- MEMBER, STUDENT DISABILITY SERVICES ADVISORY COMMITTEE, 2020 -2022
- MEMBER, AD HOC NEW FACULTY MENTORING COMMITTEE, 2022

### **COMMITTEE SERVICE -ADLER UNIVERSITY**

#### **Committees:**

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|-----------------------------------------------------|--------------|
| • Chair, Faculty Council                            | 2016 to 2017 |
| • Academic Council                                  | 2016 to 2017 |
| • Chair-elect, Faculty Council                      | 2015 to 2016 |
| • Student Development Committee, Chair              | 2014 to 2017 |
| • Student Comprehensive Evaluation Committee, Chair | 2012 to 2013 |
| • Executive Committee member                        | 2014 to 2017 |
| • Faculty Council, Member                           | 2011 to 2017 |
| • Curriculum and Student Learning Committee, Member | 2013 to 2017 |
| • Rank and Promotion Committee, Member              | 2011 to 2012 |
| • Advisory Board, Office of Global Affairs          | 2012 to 2014 |
| • Faculty Search Committee, Member                  | 2012 to 2013 |

#### **Curricular and Program Development:**

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|-----------------------------------------------------------------------|--------------|
| • New program development, PhD in Couple and Family Therapy           | 2013 to 2014 |
| • Extensive review of the curriculum, MA in Couple and Family Therapy | 2011 to 2013 |
| • New program development, Adler Global Scholars in Romania           | 2011 to 2017 |
| • Faculty liaison, Chicago Center for Emotionally Focused Therapy     | 2012 to 2017 |
| • Faculty advisor, Association for CFT students                       | 2012 to 2015 |

### **SERVICE TO PROFESSIONAL COMMUNITY**

- |                                                                      |                 |
|----------------------------------------------------------------------|-----------------|
| • Continuing Education Director, Board of the Chicago Center for EFT | 2018 to Present |
| • Board Member, Chicago Center for EFT                               | 2014 to Present |
| • European Branch- ACA, conference committee                         | 2024-2025       |

## MANUSCRIPTS

### Invited Publications, Book chapters:

- **Ungureanu, I., & Hall, C. A.** (in print, 2026). An attachment lens on grieving couples. In J. Barbozza and A. Hooghe, *Embracing loss together: Therapeutic approaches to grieving couples and families*. Routledge.
- Benson, J., Hall, C. A., Abrams, A., DiNardo, D., **Ungureanu, I., & Celano, M.** (2022) . Individuals and Families Experiencing Loss and Bereavement In S. Browning & B. van Eeden- Moorefield (Eds.) *Treating Interpersonal Problems in Contemporary Families*. American Psychological Association Publications.
- **Ungureanu, I** (2023). Sexual trauma. In Dermer, S., & Abdullah, J. (Eds), *Sage Encyclopedia of Multicultural Counseling, Social Justice and Advocacy* (1395-1400). Thousand Oaks, CA: Sage Publishing.
- **Ungureanu, I., and Hall, C.A.** (2023). Bereavement in older adults. In Dermer, S., & Abdullah, J. (Eds), *Sage Encyclopedia of Multicultural Counseling, Social Justice and Advocacy* (130-134). Thousand Oaks, CA: Sage Publishing.
- **Ungureanu, I., and Hall, C.A.** (2020). Grief and loss effects on the couple. In K.S Wampler, Miller, R.B, et al. (Eds.), *Handbook of Systemic Family Therapy*. Hoboken, NJ: John Wiley and Sons Publishing.
- **Ungureanu, I.** (2017). Death of a child: Impact on the parents' couple relationship. In J. Fitzgerald (Ed.), *Foundations for Couples' Therapy: Research for the Real World* (pp. 103-111). New York, NY: Routledge.
- **Ungureanu, I** (2014). Coping with a child's death using spirituality and religion. In A. Michalos (Ed.), *Encyclopedia of Quality of Life and Well-Being Research* (1287-1290). Dordrecht, Netherlands: Springer.
- **Ungureanu, I** (2015). The impact of fibromyalgia symptoms on couples' relationships. In I. Rogobete and A. Neagoe (2013). *Contemporary Issues Facing Families: An Interdisciplinary Dialogue*. Bonn: Verlag für Kultur und Wissenschaft (Culture and Science Publishing).
- **Ungureanu, I** (2008). The transgenerational transmission of the communist trauma: The Romanian experience. *Terapia Sistematica/Systemic Therapies*, 1, 5-10.

### Publications in Peer-Reviewed Journals:

- **Ungureanu, I., and Hall, C. A.** (2025). 'Griefworks': Integrating emotional processing and meaning-making in grief therapy. *The Family Journal*, 33(3). <https://doi.org/10.1177/10664807251318983>
- **Ungureanu, I. & Robey, P.** (2023). Couples Counseling in the Loss of a Child: A Choice Theory and Emotionally Focused Therapy Approach. *International Journal of Choice Theory and Reality Therapy*, XLIII (1), 47-57.
- Hall, C.A., and **Ungureanu, I.** (2021). 'Unbreak my heart': Clinical implications in working with bereaved couples. *The Family Journal*, 29(3), 299-305.
- **Ungureanu, I., and Sandberg, J.G.** (2010). "Broken Together" - Spirituality and religion as coping strategies for couples dealing with the death of a child: A literature review with clinical implications. *Contemporary Family Therapy*, 32 (3), 302-319.

- **Ungureanu, I.**, and Sandberg, J.G. (2008). Caring for dying children and their families: MFTs working at the gates of the Elysian Fields. *Contemporary Family Therapy*, 30(2), 75-91

## ACADEMIC PRESENTATIONS and TRAININGS - JURIED

### PRESENTATIONS

- Collins, K., **Ungureanu, I.** (2026). *From Bias to Understanding in Counseling Consensually Non-Monogamous Clients*. Illinois Affiliation of Marriage and Family Therapists Conference, Naperville, IL, March 2026
- Rogobete, I. C., **Ungureanu, I.** (2025). *Cultural immersion and mental health in Romania: a historical perspective and current signs of progress and challenges*. European Branch of the American Counseling Association Annual Conference, Timisoara, Romania, October 2025.
- Rogobete, I. C., **Ungureanu, I.** (2025). *Self-of-the-Therapist in Systemic and Emotionally Focused Therapy Supervision*. European Branch of the American Counseling Association Annual Conference, Timisoara, Romania, October 2025.
- **Ungureanu, I.** (2025). *Haunted Love: The Impact of childhood sexual trauma on couple dynamics*. World Family Therapy Congress, Aberdeen, Scotland, March 2025
- **Ungureanu, I.** (Un)known ghosts: *The impact of childhood trauma on adult relationships*. Illinois Affiliation of Marriage and Family Therapists Conference, Naperville, IL, March 2024
- **Ungureanu, I.**, & Klevan, M. *Sex 'sickness and in health': The impact of illness in sexual dynamics in couple relationships*. Illinois Affiliation of Marriage and Family Therapists Conference, Naperville, IL, September 2023.
- **Ungureanu, I.** (2023, March). *'Looking for cheapest toilet paper': Sociocultural trauma of poverty in couples' dynamics*. World Family Therapy Congress, Malaga, Spain.
- Young, J.R., & **Ungureanu, I.** (2022, November 5). *Cultural considerations in Emotionally Focused Therapy with African American men*. Illinois Affiliation of Marriage and Family Therapists Conference, Naperville, IL, November 2022.
- Hall, C., **Ungureanu, I.**, & Williams, I. (2022, January 28). *Providing Socially Just Supervision in Marriage and Family Counseling*. International Association for Marriage and Family Counselors, New Orleans, LA.
- **Ungureanu, I.** (2021, March 26-27). *"Exquisite" empathy: Connecting in the therapeutic relationship when working with trauma*. 2021 Virtual World Family Therapy Congress, [www.iftaconf.org](http://www.iftaconf.org)
- **Ungureanu, I.** *Transgenerational wounds: Our familial/r ghosts*. Illinois Affiliation of Marriage and Family Therapists Conference, Naperville, IL, April 2019.
- **Ungureanu, I.** *Grieving the loss of a child: Couples' dynamics*. International Association for Marriage and Family Counselors, New Orleans, LA, February 2019.
- **Ungureanu, I.** *Loving at the Edge: Treating couples with Childhood Sexual Abuse*. International Association for Marriage and Family Counselors, New Orleans, LA, February 2018.
- **Ungureanu, I.** *Healing from complex trauma: The role of the therapeutic relationship*. Illinois Affiliation of Marriage and Family Therapists Conference, Naperville, IL, April 2018.
- **Ungureanu, I.** *Risking Empathy: Self-of-the-Therapist Aspects in Working with Trauma*. Illinois Association for Marriage and Family Therapy Annual Conference. Naperville, Illinois, April 2017.
- **Ungureanu, I.**, and Williams, I. *Teaching Medical Family Therapy: Global Experiences*. International Family Therapy Association. Kona, Hawaii, March 2016.
- Johnson, B.K., and **Ungureanu, I.** *Growing up Poor: The Impact of Poverty on Families and Early Childhood Development*. International Family Therapy Association. Kona, Hawaii, March 2016.
- **Ungureanu, I.**, and Williams, I. *Integrating Spirituality and Religion in the Practice of Medical Family Therapy*. Illinois Association for Marriage and Family Therapy Annual Conference. Naperville, Illinois,

March 2016.

- **Ungureanu, I.**, and Hall, C.A. *When Love Hurts: Couple Therapy with Survivors of Childhood Sexual Abuse*. Illinois Association for Marriage and Family Therapy Annual Conference. Naperville, Illinois, March 2016
- **Ungureanu, I.**, Williams, I.D., and Thomas, C. *Strategies for Internationalizing the Psychology Curriculum*. Northern Arizona University 6<sup>th</sup> International Conference on Psychology Education. Flagstaff, Arizona, August 2014. Panel presentation.
- **Ungureanu, I.**, Williams, I.D., and Thomas, C. *Developing Opportunities for Faculty Exchanges Abroad*. Northern Arizona University 6<sup>th</sup> International Conference on Psychology Education. Flagstaff, Arizona, August 2014. Panel presentation.
- Williams, I.D., Rogobete, I.C., and **Ungureanu, I.** (2014). *Multicultural Perspectives on Family Therapy Training and Supervision: A three continents journey*. International Family Therapy Association Annual Congress. Panama City, Panama, March 2014.
- Hall, A.C., and **Ungureanu, I.** *Zooming in on the Couple Relationship: Grief at the Movies*. Illinois Association for Marriage and Family Therapy Annual Conference. Naperville, Illinois, March 2014.
- Hall, C. A., and **Ungureanu, I.** *Difficult Dialogues about Death, Dying and Bereavement*. Illinois Association for Marriage and Family Therapy Annual Conference. Elgin, Illinois, March 2013.
- **Ungureanu, I.** *Transgenerational Transmission of Communist Trauma: The Romanian Experience*. International Family Therapy Association Annual Congress. Orlando, Florida, February 2013.
- Zavada, A., Hall, C. A., and **Ungureanu, I.** *Engaging Minds and Hearts: Teaching Experientially Marriage and Family Therapy Theory*. International Family Therapy Association Annual Congress. Orlando, Florida, February 2013.
- **Ungureanu, I.**, and Lister, Z. *Developing a Psychosocial Integrative Component in an Existing Diabetes Treatment Program: Reflections and Recommendations for Interdisciplinary Collaboration*. 12<sup>th</sup> Collaborative Family Healthcare Association Annual Conference. Louisville, Kentucky, October 2010.
- **Ungureanu, I.**, and Sandberg, J.G. *Losing a Child: An EFT Perspective on Couples' Experience*. 67<sup>th</sup> American Association for Marriage and Family Therapy Annual Conference. Sacramento, California, October 2009.
- Rogobete, I., and **Ungureanu, I.** *Transgenerational transmission of political trauma in families living under repressive regimes: A comparative study between apartheid and totalitarian communism*, The 15<sup>th</sup> Congress of Psychology, Cape Town, South-Africa, September 2009.
- **Ungureanu, I.**, and Sandberg, J.G. *Caring for Dying Children: The MFT Experience*. 65<sup>th</sup> American Association for Marriage and Family Therapy Annual Conference. Long Beach, California, October 2007.

## INVITED PRESENTATIONS

- Lively, N., & **Ungureanu, I.** (2026, June 22). *Chair Chats: Emotionally Focused Therapy (EFT) with Individuals & Relationships*. The Family Institute at Northwestern University, Chicago, IL.
- **Ungureanu, I.** (2026, April 24, May 5). *Weathering the Storm Within and Between: Attachment-Focused Work with Complex Trauma*. Chicago Center for EFT, Chicago, IL, [www.chicagoeft.com](http://www.chicagoeft.com)
- **Ungureanu, I.** (2025, October 18). *Supervision and training module on trauma: Working with C-PTSD*, Curs de formare in psihoterapie familiala sistemica, Institutul de terapie familiala si practica sistemica, Areopagus Timisoara, Romania. [www.aift.ro/formare/](http://www.aift.ro/formare/)
- **Ungureanu, I.** (2023, July 1). *Physical and emotional scars: Chronic illness and the impact on the couple dynamics*, Scoala de vara in psihoterapie, Institutul de terapie familiala si practica sistemica , Areopagus, Timisoara, Romania.
- Campion, M., Ciupeiu, L., and **Ungureanu, I.** (2023, May 15). *Health and well-being: Mental health awareness*, Romanian Community Center, Chicago, IL.
- **Ungureanu, I.** (2023, April 7; May 20). *Supervision and training module*, Curs de formare in

psihoterapie familiala sistemica, Institutul de terapie familiala si practica sistemica, Areopagus Timisoara, Romania. [www.aift.ro/formare/](http://www.aift.ro/formare/)

- **Ungureanu, I.** (2023, March 17). *Structural Family Therapy/Terapia familiala structurala*. Training module, Curs de formare in psihoterapie familiala sistemica, Timisoara, Romania. [www.aift.ro/formare/](http://www.aift.ro/formare/)
- Openshaw, C., **Ungureanu, I.**, Kelly, A., & Lannigan, L. (2022, January 10). *Institutional Wellness Initiative*. Faculty Development Day. Governors State University, University Park, IL.
- **Ungureanu, I.** (2021, May 21). *Unspeakable loss: Attachment processes and couple dynamics after losing a child*. Chicago Center for EFT, Chicago, IL, [www.chicagoeft.com](http://www.chicagoeft.com)
- **Ungureanu, I.** (2021, July 21). *Couples and chronic illness: Understanding dynamics and supporting each other*. US Government Accountability Office, Washington, D.C. (online).
- **Ungureanu, I.** (2021, January 22). *Structural Family Therapy/Terapia familiala structurala*. Training module, Curs de formare in psihoterapie familiala sistemica, Timisoara, Romania. [www.aift.ro/formare/](http://www.aift.ro/formare/)
- **Ungureanu, I.** The unspeakable loss: Couple dynamics in grieving parents. Scoala de vara timpurie, Dianoia, Timisoara, Romania, May, 2018.
- Nichols, L., **Ungureanu, I.**, and Varona, A. *Beginners' Workshop on Attachment Theory and its Therapies*. Adler University, Chicago, Illinois, January 2015.
- **Ungureanu, I.** *Chronic Pain and Resilience in the Couple Relationship: The Impact of the Attachment Style on Fibromyalgia Patients*. Family in the contemporary society Conference, Western University, Timisoara, Romania, September 2012.
- McKay, R., **Ungureanu, I.**, and Kortz, M. *Care for the Caregiver*. Pediatric Palliative Care workshop. SUNY Upstate Medical University, February 2006.
- **Ungureanu, I.**, and Sandberg, J.G. *Caring for Dying Children: Costs and Rewards*. 2<sup>nd</sup> International Conference of Family Psychotherapy and Systemic Practice. Timisoara, Romania, November 2006.
- **Ungureanu, I.** *Psychological Defense Mechanisms in the Families with a Child with Cancer*. 6<sup>th</sup> Romanian-Hungarian Scientific Reunion in Oncopediatrics. Buzias, Romania, May 2003.
- **Ungureanu I.** *Family- "First-hand" Community Resource for Medical Practice*. 13<sup>th</sup> National Conference of the Christian Medical Association. Paltinis, Romania, September 2002.
- **Ungureanu, I.** *Cancer- a Challenge for the Family, a Challenge for Family Therapy*. First National Conference in Family Therapy. Timisoara, Romania, June 2002.
- **Ungureanu, I.** *A Systemic View on Psychosomatic Pathology*. 3<sup>rd</sup> National Conference in Psychotherapy. Gataia, Romania, September 2001.

## Reviewer Work

### Peer-reviewed journal articles reviewer

Journal of Feminist Family Therapy (2020-2024). Submitted manuscripts' review.

### Conference submissions reviewer:

International Association for Marriage and Family Counselors World Conference (IAMFC, 2020). Review of abstract proposals.

**Book reviews for Doody Enterprises, Inc (2012-present)**

1. **Ungureanu, I.** Review of *Origins and originality in family therapy and systemic practice*. Springer International Publishing Switzerland. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
2. **Ungureanu, I.** Review of *Therapy in the real world: Effective treatments for challenging problems*. New York: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>.
3. **Ungureanu, I.** Review of *Handbook of attachment: Theory, research and clinical applications, Third edition*. New York: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>.
4. **Ungureanu I.** Review of *The treatment of complex trauma: A sequenced, relationship-based approach*. New York: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
5. **Ungureanu, I.** Review of *Post structural and narrative thinking in family therapy*. Springer: American Family Therapy Academy. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
6. **Ungureanu, I.** Review of *Play in family therapy, second edition*. NY: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
7. **Ungureanu, I.** Review of *Human bonding: The science of affectional ties*. New York: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
8. **Ungureanu, I.** Review of. *Medical family therapy: Advanced Applications*. New York: Springer Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
9. Ungureanu, I. Review of *Interviewing for qualitative inquiry: A relational approach*. New York: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
10. **Ungureanu, I.** Review of *The psychological and social impact of illness and disability*. New York: Springer Publishing Company.]. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
11. **Ungureanu, I.** Review of *Medical family therapy and integrated care: Second edition*. Washington, DC: American Psychological Association. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
12. **Ungureanu, I.** Review of *Biopsychosocial practice: A science-based framework for behavioral health care*. Washington, DC: American Psychological Association. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
13. **Ungureanu, I.** Review of *Attachment in adulthood: Structure, Dynamics, and Change, Second Edition*. New York: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
14. **Ungureanu, I.** Review of *Couple Therapy for domestic violence: Finding safe solutions*. Washington, DC: American Psychological Association. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
15. **Ungureanu, I.** Review of *Normal family processes: Growing diversity and complexity*. New York: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
16. **Ungureanu, I.** Review of *Multi-generational family therapy: tools and resources for the therapist*. New York, NY: Routledge Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
17. **Ungureanu, I.** Review of *Perspectives on the experience of sudden, unexpected child death: The very worst thing?* Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
18. **Ungureanu, I.** Review of *Working with high-risk adolescents: An individualized family therapy approach*. New York, NY: The Guilford Press. Doody's Review Service (on-line). Available:

- <http://www.doody.com/drs/>
19. **Ungureanu, I.** Review of *Supervision of family therapy and systemic practice*. New York, NY: Springer. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>.
  20. **Ungureanu, I.** Review of *Essential assessment skills for marriage and family therapists*. NY: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  21. **Ungureanu, I.** Review of *Treating trauma in adolescents: Development, attachment, and the therapeutic relationship*. New York, NY: The Guilford Press. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  22. **Ungureanu, I.** Review of *Narrative processes in Emotion-Focused therapy with trauma*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  23. **Ungureanu, I.** Review of *The dynamics of infidelity: Applying relationship science to psychotherapy practice*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  24. **Ungureanu, I.** Review of *The biology of early life stress: Understanding child maltreatment and trauma*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  25. **Ungureanu, I.** Review of *Clinical methods in medical family therapy*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  26. **Ungureanu, I.** Review of *Engaging with spirituality in family therapy: Meeting in sacred spaces*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  27. **Ungureanu, I.** Review of *Psychological treatment of patients with cancer*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  28. **Ungureanu, I.** Review of *Helping couples and families navigate illness and disability*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  29. **Ungureanu, I.** Review of *Marriage and family therapy: A practice-oriented approach*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  30. **Ungureanu, I.** Review of *Attachment theory in practice: Emotionally Focused Therapy (EFT) with Individuals, Couples, and Families*. Doody's Review Services (on-line). Available: <http://www.doody.com/drs/>
  31. **Ungureanu, I.** Review of *Attachment centered play therapy*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>.
  32. **Ungureanu, I.** Review of *Internal family systems therapy*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  33. **Ungureanu, I.** Review of *Re-visioning family therapy: Addressing diversity in clinical practice*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  34. **Ungureanu, I.** Review of *Casebook for DSM-5: Diagnosis and treatment planning*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  35. **Ungureanu, I.** Review of *Cultural issues in play therapy*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  36. **Ungureanu, I.** Review of *International perspectives in intimate partner violence: Challenges and opportunities*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  37. **Ungureanu, I.** Review of *Grief and bereavement in contemporary society: Bridging research and practice*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  38. **Ungureanu, I.** Review of *New Techniques of grief therapy: Bereavement and beyond*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  39. **Ungureanu, I.** Review of *Spirituality in systemic family therapy supervision and training*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  40. **Ungureanu, I.** Review of *The Embodied Brain and Sandtray Therapy: Stories of Healing and Transformation*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  41. **Ungureanu, I.** Review of *Clinical handbook of couple therapy: Sixth edition*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
  42. **Ungureanu, I.** Review of *Attachment theory applied: Fostering personal growth through*

- healthy relationships*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
43. **Ungureanu, I.** Review of *Complex and traumatic loss: Fostering healing and resilience*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
44. **Ungureanu, I.** Review of *Attachment-informed grief therapy: The clinician's guide to foundations and applications*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
45. **Ungureanu, I.** Review of *Marriage and Family therapy: A practice-oriented approach*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
46. **Ungureanu, I.** Review of *Animal-Assisted Therapy in Counseling: Fourth Edition*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>
47. **Ungureanu, I.** Review of *Decolonizing trauma healing: Toward a humble, culturally responsive practice*. Doody's Review Service (on-line). Available: <http://www.doody.com/drs/>

### AWARDS

- 2012 All University Doctoral Prize, Syracuse University, May 2012
- Irving B. Harris Fellowship, Chicago Center for Family Health, January 2010
- Graduate Assistantships, Syracuse University, 2005-2008
- FULBRIGHT Scholarship, October 2003

### PROFESSIONAL AFFILIATIONS

- Illinois Association of Marriage and Family Therapy, 2010 Present
- Illinois Counseling Association, Member, 2026-present
- European Branch of American Counseling Association, Member and Conference organization committee member, 2024 to present
- International Center for Excellence in Emotionally Focused Couples' Therapy, Life-Time Member
- American Association for Marriage and Family Therapy, Clinical Fellow Member (2016-Present), Pre-clinical Fellow Member (2013-2016), Student Member (2004–2012).
- International Association of Marriage and Family Counselors, 2017-Present
- International Family Therapy Association, Member, 2009–Present
- Collaborative Family HealthCare Association, 2010-2017
- Romanian Family Therapy and Systemic Practice Association, Founding Member, 2000–2005.
- American Association of University Professors, Member, 2015-2017.

**SPECIAL INTERESTS**

Trauma in couple's relationships, loss and grief, emotionally-focused couples therapy, medical family therapy, spirituality and religion.

**LANGUAGES**

Romanian, English, French