

Ford County ROSC Council Meeting Minutes

Tuesday, September 22nd, at 8:30 AM (Zoom)

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

1. Frankie Ward (Chestnut Health Systems, Recovery Specialist)
2. Kari Knapp (Chestnut Health Systems - Associate of Community Health)
3. Barbara Brumleve (Ford County ROSC - McLean County ROSC, Chestnut)
4. Melissa Watson (Family and Community Engagement Specialist Birth to Five Illinois – Region 9)
5. Mark Ecker (Ford County Health Department)
6. Melissa A Walters (CEO Cris Rural Mass Transit District)
7. Jena Lee (GROW Mobile Unit)
8. Kelly Messer (Ford County Public Health Department)
9. Sandra Beecher - Alphasus
10. Allison (RACE, Rape Crisis)
11. Lynn Matthews (CRCC)
12. Christine P (PLE/Carle)
13. Nicole Isenhardt (Gibson Area Hospital, Grants)
14. Melissa Watson (Birth to Five)
15. John Schneider (RESTORE, Livingston ROSC)
16. Wes Colton – Center for Youth & Family Solutions
17. Kami Garrison – Chestnut Health Systems
18. Jeffrey Ehrmantraut – CASA
19. Mariah Brown – Headstart
20. Tim Nuss – Ford County Board

Agenda:

- Welcome & Introductions
- Community Survey
- **National Recovery Month Highlights**
- Reframing Recovery
- Agency Updates

Welcome and Introductions

Attendees introduced themselves and shared their organizations and areas of service.

Ford ROSC Community Survey: The purpose of this survey is to measure public opinion on issues related to recovery. The information collected will be used to identify areas for improvement in our community.

Discussion: Survey Outreach and Community Engagement

Key Question

Which population do we most need to hear from, and how do we target them?

Suggestions and Opportunities for Survey Distribution:

- Mariah Brown from Head Start requested a QR code to share with families.
- Survey distribution opportunities identified:
 - Sober Sips events
 - Wine & Chocolate Walk in Paxton
 - Community Facebook pages
 - Local Mom Pages
 - Upcoming Resource Fair (ROSC will have a presence)

Target Populations and Community Events

- Paxton Christmas Shopping Event (1st weekend in December)
- Roberts Food Pantry
- Paxton Food Pantry
- The Jail
- Probation offices
- Local churches, especially those hosting support groups
- Produce Distribution and Health Fair at Roberts Gym (October 28)
- Living Word monthly food pantry

QR Code Display Locations

Participants brainstormed locations for displaying QR codes and promoting the survey:

- Restaurants
- Public restrooms
- Casey's
- Kirby Foods
- DMV
- Laundromats
- Hair salons and barber shops
- Parks
- Courthouse
- Sheriff's Office
- Emergency Room Waiting areas
- Attorney offices
- Library
- Gas stations
- Storefront windows
- Naloxone boxes

Meetings, Boards, and Organizations for Survey Promotion

The following organizations and meetings were identified as potential outlets:

- Melissa Watson will share the survey with a council she participates in.
- Brightpoint meeting at the library
- Ford County Board Meeting
 - Second Wednesday in October at 6:00 PM
- Chamber of Commerce meetings

Additional outreach opportunities:

- Contact school principals regarding distribution through schools.
- Share with school social workers.

- Place QR codes at:
 - Oil change businesses
 - Hud Zone arcade
 - Explore bag stuffers at Kirby Foods or County Market.
 - Promote at football games near concession stands or ticket areas.
 - Bowling events and community gatherings.
 - Drive-through QR code distribution initiative led by Mariah Brown.
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Community Engagement Ideas

- Incentive idea: “Someone gets slimed” challenge after reaching 50 survey responses.
- Participants were encouraged to write down one action they could take within the next week to help distribute the survey.
- Appreciation was expressed for everyone's support and participation.

National Recovery Month Highlights:

Reframing Recovery:

- Harm Reduction 101/Naloxone Training Review

Agency Updates:

Mariah Brown (Head Start)

- Head Start currently has openings for preschool-aged children in Paxton, Ford County, and Iroquois County.
- Children do not need to reside in Paxton to participate.
- Transportation assistance is being coordinated through Futures Transportation.

Melissa Watson (Birth to Five Illinois)

- Shared that Birth to Five Illinois maintains a live resource guide available for families.

Community Resource Update

- Champaign has a fully stocked resource vending machine; a PIN number is required for access.

Health Services Update

- Kelly announced an upcoming walk-in flu clinic.

[Check out Ford County & National Recovery Month:](#)

CONNECTION IS KEY!!!

We look forward to seeing you at the next ROSC council meeting, **via zoom, October 27th at 8:30 am**, via Zoom Meeting Link: <https://zoom.us/j/97897381552>

As always, please reach out if you have any questions, ideas for collaborations, etc.